



## 7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

**Päsler, Ralf**

Club: Team Pummwälz

Number: 439

Course: 21.10 km

Pummwälz Halbmarathon (Lauf)

Category:

Männer M55

Total time: 1:54:33

Speed: 11.00 km/h

Running performance: 5:26 min/km

Rank in course/Total: 87 (of 164)

Rank in course/Men: 79 (of 127)

Best time in course: 1:22:05

Rank in category: 6(of 11)

Best time in the category: 1:32:36