



## 7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

**Temmler, Silke**

Club: SV Normania Treffurt

Number: 422

Course: 21.10 km

Pummwälz Halbmarathon (Lauf)

Category:

Frauen W40

Total time: 2:05:47

Speed: 10.02 km/h

Running performance: 5:58 min/km

Rank in course/Total: 123 (of 164)

Rank in course/Women: 19 (of 37)

Best time in course: 1:39:17

Rank in category: 4(of 10)

Best time in the category: 1:51:27