



## 7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

Jugl, Christina

Club: Fitness-Club Keltenbad

Number: 488

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Frauen W30

Total time: 2:12:12

Speed: 9.53 km/h

Running performance: 6:16 min/km

Rank in course/Total: 139 (of 164)

Rank in course/Women: 23 (of 37)

Best time in course: 1:39:17

Rank in category: 4(of 4)

Best time in the category: 1:41:08