



7. Town & Country Pummälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Amthor, Alexander

Club: Meiningen

Number: 426

Course: 21.10 km

Pummälz Halbmarathon (Lauf)

Category:

Männer M35

Total time: 2:17:54

Speed: 9.14 km/h

Running performance: 6:32 min/km

Rank in course/Total: 147 (of 164)

Rank in course/Men: 119 (of 127)

Best time in course: 1:22:05

Rank in category: 16(of 16)

Best time in the category: 1:22:05