



## 7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

#### Steinbach, Jochen

Club: Sportteam Steinbach Meiningen  
Number: 416

Course: 21.10 km  
Pummwälz Halbmarathon (Lauf)

Category:  
Männer M55

Total time: 2:18:49

Speed: 9.08 km/h  
Running performance: 6:35 min/km

Rank in course/Total: 148 (of 164)

Rank in course/Men: 120 (of 127)

Best time in course: 1:22:05

Rank in category: 10(of 11)

Best time in the category: 1:32:36