



7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

RECKNAGEL, MANFRED

Club: SV Eintracht Altersbach

Number: 498

Course: 21.10 km

Pummwälz Halbmarathon (Lauf)

Category:

Männer M55

Total time: 2:20:10

Speed: 8.99 km/h

Running performance: 6:38 min/km

Rank in course/Total: 149 (of 164)

Rank in course/Men: 121 (of 127)

Best time in course: 1:22:05

Rank in category: 11(of 11)

Best time in the category: 1:32:36