



## 7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

**Mengs, Constanze**

Club: Eisenach

Number: 553

Course: 21.10 km

Pummwälz Halbmarathon (Lauf)

Category:

Frauen W40

Total time: 2:22:53

Speed: 8.82 km/h

Running performance: 6:46 min/km

Rank in course/Total: 151 (of 164)

Rank in course/Women: 29 (of 37)

Best time in course: 1:39:17

Rank in category: 7(of 10)

Best time in the category: 1:51:27