



7. Town & Country Pumpsalzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Rühl, Lidia

Club: LT Hemsbach

Number: 419

Course: 21.10 km

Pumpsalz Halbmarathon (Lauf)

Category:

Frauen W55

Total time: 2:25:50

Speed: 8.68 km/h

Running performance: 6:55 min/km

Rank in course/Total: 154 (of 164)

Rank in course/Women: 32 (of 37)

Best time in course: 1:39:17

Rank in category: 2(of 2)

Best time in the category: 1:58:48