



7. Town & Country Pummälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Trunk, Rüdiger

Club: Eisenach

Number: 359

Course: 21.10 km

Pummälz Halbmarathon (Lauf)

Category:

Männer M65

Total time: 2:31:14

Speed: 8.33 km/h

Running performance: 7:10 min/km

Rank in course/Total: 159 (of 164)

Rank in course/Men: 125 (of 127)

Best time in course: 1:22:05

Rank in category: 3(of 3)

Best time in the category: 1:50:04