



7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Pohl, Wolfgang

Club: SV Normania Treffurt

Number: 4

Course: 42.20 km

Melborn Marathon

Category:

Männer M55

Total time: 4:31:30

Speed: 9.28 km/h

Running performance: 6:26 min/km

Rank in course/Total: 15 (of 19)

Rank in course/Men: 12 (of 15)

Best time in course: 2:54:50

Rank in category: 1(of 2)

Best time in the category: 4:31:30