



## 7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

**Grohme, Susanne**

Club: Alea-Sanitas - Powerteam mit Biss  
Number: 443

Course: 21.10 km  
Pummwälz Halbmarathon (Lauf)

Category:  
Frauen W45

Total time: 2:54:38

Speed: 7.22 km/h  
Running performance: 8:17 min/km

Rank in course/Total: 163 (of 164)

Rank in course/Women: 36 (of 37)

Best time in course: 1:39:17

Rank in category: 11(of 11)

Best time in the category: 1:39:17