



7. Town & Country Pummwälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Zscharnt, Ina

Club: DAV Inselberg

Number: 308

Course: 21.10 km

Pummwälz Halbmarathon (Lauf)

Category:

Frauen W40

Total time: 3:16:45

Speed: 6.40 km/h

Running performance: 9:19 min/km

Rank in course/Total: 164 (of 164)

Rank in course/Women: 37 (of 37)

Best time in course: 1:39:17

Rank in category: 10(of 10)

Best time in the category: 1:51:27