



7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Werner, Christian

Club: First Fitness

Number: 1214

Course: 79.00 km

Rhön Cross&Country

Category:

Crossbike Männer 31 bis 40 Jahre

Total time: 3:05:03

Speed: 25.61 km/h

Rank in course/Total: 29 (of 62)

Rank in course/Men: 27 (of 55)

Best time in course: 2:34:31

Rank in category: 11(of 20)

Best time in the category: 2:37:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Geisa Stern	38.20	1:16:30	29.80	9	4:29	19	4:29	38.20	1:16:30	29.80	1	-	55	
Point Alpha	1.70	11:00	5.45	13	4:11	34	4:19	39.90	1:27:30	26.74	1	-	55	
Vacha/ Werrabrü	18.30	42:40	25.31	11	8:08	32	16:38	58.20	2:10:10	26.73	1	-	55	
Dorndorf/Kirsting	3.70	8:32	21.09	13	1:40	31	3:35	61.90	2:18:42	26.39	1	-	55	
Finish	17.10	46:21	22.01	10	10:00	26	10:16	79.00	3:05:03	25.61	11	27:57	27	30:32