



7. Town & Country Pummälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Spindler, Kai

Club: Eisenach

Number: 1228

Course: 79.00 km

Rhön Cross&Country

Category:

Crossbike Männer 19 bis 30 Jahre

Total time: 3:37:15

Speed: 21.82 km/h

Rank in course/Total: 50 (of 62)

Rank in course/Men: 45 (of 55)

Best time in course: 2:34:31

Rank in category: 8(of 9)

Best time in the category: 2:38:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Geisa Stern	38.20	1:28:20	25.81	7	16:12	43	16:19	38.20	1:28:20	25.81	8	16:00	18	
Point Alpha	1.70	13:07	4.57	8	6:20	48	6:26	39.90	1:41:27	23.07	8	21:51	18	
Vacha/ Werrabrü	18.30	51:58	20.78	8	18:05	48	25:56	58.20	2:33:25	22.68	8	39:36	18	8:45
Dorndorf/Kirsting	3.70	9:52	18.24	8	2:51	47	4:55	61.90	2:43:17	22.42	8	42:27	18	9:35
Finish	17.10	53:58	18.90	8	16:35	45	17:53	79.00	3:37:15	21.82	8	59:02	45	1:02:44