



7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Arnold, Jens

Club: TSV 1865 Langewiesen

Number: 65

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Männer M45

Total time: 47:00

Speed: 12.77 km/h

Running performance: 4:42 min/km

Rank in course/Total: 15 (of 76)

Rank in course/Men: 10 (of 46)

Best time in course: 37:29

Rank in category: 4(of 9)

Best time in the category: 42:22