



7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Bärwolf, Silvia

Club: Laufftreff Breitungen BAV

Number: 78

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Frauen W45

Total time: 49:02

Speed: 12.24 km/h

Running performance: 4:54 min/km

Rank in course/Total: 20 (of 76)

Rank in course/Women: 6 (of 30)

Best time in course: 38:48

Rank in category: 1(of 6)

Best time in the category: 49:02