



7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Wahl, Immo

Club: Sportfreund thüringer wald

Number: 144

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Männer M30

Total time: 51:55

Speed: 11.56 km/h

Running performance: 5:11 min/km

Rank in course/Total: 32 (of 76)

Rank in course/Men: 25 (of 46)

Best time in course: 37:29

Rank in category: 2(of 2)

Best time in the category: 50:22