



## 7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

**Heide, Peter**

Club: SLV

Number: 73

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Männer M45

Total time: 54:12

Speed: 11.07 km/h

Running performance: 5:25 min/km

Rank in course/Total: 39 (of 76)

Rank in course/Men: 31 (of 46)

Best time in course: 37:29

Rank in category: 7(of 9)

Best time in the category: 42:22