



Skatstadtmarathon Altenburg  
Altenburg / 12.06.2010

Detailed evaluation

Demmer, Gerhard

Club: TSV Gaimersheim  
Number: 4083

Course: 42.20 km  
MZLA - Marathon

Category:  
Männer M30

Total time: 4:27:43

Speed: 9.46 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 79 (of 115)

Rank in course/Men: 71 (of 102)

Best time in course: 2:47:36

Rank in category: 6(of 10)

Best time in the category: 3:16:21