



Skatstadtmarathon Altenburg  
Altenburg / 12.06.2010

Detailed evaluation

Fregin, Lars

Club: Bad Lausik  
Number: 1048

Course: 11.00 km  
Straßenbau Kern - Lauf

Category:  
Männer M45

Total time: 1:02:15

Speed: 10.60 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 75 (of 243)

Rank in course/Men: 71 (of 175)

Best time in course: 40:49

Rank in category: 8(of 13)

Best time in the category: 48:25