



10. Kirschlauf  
Kleinfahner / 13.06.2010

## Detailed evaluation

**Laue, Sebastian**

Club: Blau-Weiß Dachwig  
Number: 531

Course: 4.00 km  
4 km-Lauf

Category:  
Jedermann Männer

Total time: 29:01

Speed: 8.27 km/h  
Running performance: 7:15 min/km

Rank in course/Total: 44 (of 52)

Rank in course/Men: 29 (of 34)

Best time in course: 19:26

Rank in category: 12(of 13)

Best time in the category: 19:26