



10. Kirschlauf  
Kleinfahner / 13.06.2010

## Detailed evaluation

Frübing, Jacqueline

Club: SV Emsetal  
Number: 513

Course: 4.00 km  
4 km-Lauf

Category:  
Jedermann Frauen

Total time: 42:32

Speed: 5.64 km/h  
Running performance: 10:38 min/km

Rank in course/Total: 52 (of 52)  
Rank in course/Women: 18 (of 18)  
Best time in course: 22:08

Rank in category: 8(of 8)  
Best time in the category: 23:59