



10. Kirschlauf
Kleinfahrer / 13.06.2010

Detailed evaluation

Föt, Sören

Club: Sportteam STEINBACH Meiningen
Number: 174

Course: 14.00 km
Hauptlauf

Category:
Männer M20

Total time: 56:23

Speed: 14.90 km/h
Running performance: 4:02 min/km

Rank in course/Total: 5 (of 252)

Rank in course/Men: 5 (of 198)

Best time in course: 52:16

Rank in category: 3(of 21)

Best time in the category: 52:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Posten	8.30	33:44	4:03	4	2:58	6	2:58	8.30	33:44	4:03	20		5	2:58
Finish	5.70	22:39	3:58	3	1:09	3	1:09	14.00	56:23	4:01	3	4:07	5	4:07