



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Jaeger, Frank

Club: SV Sömmerda e.V.  
Number: 134

Course: 14.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 59:26

Speed: 14.13 km/h  
Running performance: 4:15 min/km

Rank in course/Total: 9 (of 252)

Rank in course/Men: 9 (of 198)

Best time in course: 52:16

Rank in category: 2(of 50)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|         |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Posten  | 8.30        | 35:17         | 4:15            | 3           | 0:27           | 10          | 4:31          | 8.30          | 35:17         | 4:15            | 27          |                | 9          | 4:31          |
| Finish  | 5.70        | 24:09         | 4:14            | 1           | -              | 8           | 2:39          | 14.00         | 59:26         | 4:14            | 2           | 0:16           | 9          | 7:10          |