



10. Kirschlauf
Kleinfahrer / 13.06.2010

Detailed evaluation

Meister, Frank

Club: Lauffreunde Gotha
Number: 213

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:01:24

Speed: 13.68 km/h
Running performance: 4:23 min/km

Rank in course/Total: 12 (of 252)

Rank in course/Men: 12 (of 198)

Best time in course: 52:16

Rank in category: 4(of 50)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	35:15	4:14	2	0:25	9	4:29	8.30	35:15	4:14	29		12	4:29
Finish	5.70	26:09	4:35	7	2:00	25	4:39	14.00	1:01:24	4:23	4	2:14	12	9:08