



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Ostermann, Frank

Club: SWE Laufteam  
Number: 116

Course: 14.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 1:05:50

Speed: 12.76 km/h  
Running performance: 4:42 min/km

Rank in course/Total: 32 (of 252)

Rank in course/Men: 32 (of 198)

Best time in course: 52:16

Rank in category: 2(of 23)

Best time in the category: 1:02:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	39:09	4:43	3	2:56	35	8:23	8.30	39:09	4:43	23		32	8:23
Finish	5.70	26:41	4:40	2	0:53	29	5:11	14.00	1:05:50	4:42	2	3:49	32	13:34