



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Beck, Ronald

Club: Naturfreunde Gotha e.V.  
Number: 105

Course: 14.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 1:06:42

Speed: 12.59 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 39 (of 252)

Rank in course/Men: 39 (of 198)

Best time in course: 52:16

Rank in category: 11(of 50)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	40:09	4:50	13	5:19	49	9:23	8.30	40:09	4:50	36		39	9:23
Finish	5.70	26:33	4:39	9	2:24	28	5:03	14.00	1:06:42	4:45	11	7:32	39	14:26