



10. Kirschlauf
Kleinfahrer / 13.06.2010

Detailed evaluation

Herold, Fredi

Club: Saalfelder LV
Number: 176

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:07:43

Speed: 12.40 km/h
Running performance: 4:50 min/km

Rank in course/Total: 46 (of 252)

Rank in course/Men: 45 (of 198)

Best time in course: 52:16

Rank in category: 13(of 50)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	39:51	4:48	12	5:01	45	9:05	8.30	39:51	4:48	26		45	9:05
Finish	5.70	27:52	4:53	12	3:43	43	6:22	14.00	1:07:43	4:50	13	8:33	45	15:27