



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Janthur, Ralf

Club: Lok Erfurt  
Number: 177

Course: 14.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 1:08:30

Speed: 12.26 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 50 (of 252)

Rank in course/Men: 49 (of 198)

Best time in course: 52:16

Rank in category: 14(of 50)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Posten	8.30	40:33	4:53	14	5:43	53	9:47	8.30	40:33	4:53	39		49	9:47
Finish	5.70	27:57	4:54	13	3:48	45	6:27	14.00	1:08:30	4:53	14	9:20	49	16:14