



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Stieff, Matthias

Club: Igb AG  
Number: 247

Course: 14.00 km  
Hauptlauf

Category:  
Männer M40

Total time: 1:10:06

Speed: 11.98 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 58 (of 252)

Rank in course/Men: 57 (of 198)

Best time in course: 52:16

Rank in category: 12(of 31)

Best time in the category: 1:01:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	42:15	5:05	16	5:56	68	11:29	8.30	42:15	5:05	21	0:34	57	11:29
Finish	5.70	27:51	4:53	10	2:44	42	6:21	14.00	1:10:06	5:00	12	8:40	57	17:50