



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Anschütz, Mario

Club: ZSG-GW-Waltershausen  
Number: 248

Course: 14.00 km  
Hauptlauf

Category:  
Männer M30

Total time: 1:10:34

Speed: 11.90 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 63 (of 252)

Rank in course/Men: 62 (of 198)

Best time in course: 52:16

Rank in category: 5(of 14)

Best time in the category: 55:22

Intermediate times

Stage score

Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total |         | Pos<br>Cat. | Behind<br>Cat. | Total ranking |            |               |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-------------|----------------|---------------|------------|---------------|
|         |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | km    | Time    |             |                | min/km        | Pos<br>Men | Behind<br>Men |
| Posten  | 8.30        | 41:37         | 5:00            | 5           | 9:03           | 61          | 10:51         | 8.30  | 41:37   | 5:00        | 5              | 9:03          | 62         | 10:51         |
| Finish  | 5.70        | 28:57         | 5:04            | 6           | 6:09           | 65          | 7:27          | 14.00 | 1:10:34 | 5:02        | 5              | 15:12         | 62         | 18:18         |