



10. Kirschlauf
Kleinfahrer / 13.06.2010

Detailed evaluation

Schirwinski, Frank

Club: LTV Erfurt
Number: 207

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:10:43

Speed: 11.88 km/h
Running performance: 5:03 min/km

Rank in course/Total: 65 (of 252)

Rank in course/Men: 64 (of 198)

Best time in course: 52:16

Rank in category: 19(of 50)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	41:37	5:00	20	6:47	61	10:51	8.30	41:37	5:00	44		62	10:51
Finish	5.70	29:06	5:06	20	4:57	68	7:36	14.00	1:10:43	5:03	19	11:33	64	18:27