



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Kirsch, Steffen

Club: Erfurt  
Number: 191

Course: 14.00 km  
Hauptlauf

Category:  
Männer M35

Total time: 1:10:56

Speed: 11.84 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 68 (of 252)

Rank in course/Men: 67 (of 198)

Best time in course: 52:16

Rank in category: 6(of 19)

Best time in the category: 57:57

Intermediate times

Stage score

Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total<br>km | Total<br>Time | Total<br>min/km | Total ranking |                |            |               |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|---------------|----------------|------------|---------------|
|         |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men |             |               |                 | Pos<br>Cat.   | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Posten  | 8.30        | 41:13         | 4:57            | 6           | 7:09           | 55          | 10:27         | 8.30        | 41:13         | 4:57            | 15            |                | 67         | 10:27         |
| Finish  | 5.70        | 29:43         | 5:12            | 7           | 5:50           | 81          | 8:13          | 14.00       | 1:10:56       | 5:04            | 6             | 12:59          | 67         | 18:40         |