



10. Kirschlauf
Kleinfahrer / 13.06.2010

Detailed evaluation

Kirchberg, Ralf

Club: LG-EON Thüringer Energie AG
Number: 201

Course: 14.00 km
Hauptlauf

Category:
Männer M40

Total time: 1:11:42

Speed: 11.72 km/h
Running performance: 5:07 min/km

Rank in course/Total: 73 (of 252)

Rank in course/Men: 72 (of 198)

Best time in course: 52:16

Rank in category: 17(of 31)

Best time in the category: 1:01:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	43:08	5:11	17	6:49	83	12:22	8.30	43:08	5:11	16	1:27	72	12:22
Finish	5.70	28:34	5:00	15	3:27	56	7:04	14.00	1:11:42	5:07	17	10:16	72	19:26