



10. Kirschlauf
Kleinfahrer / 13.06.2010

Detailed evaluation

ten Doornkaat, Jan

Club: wir tun es laufend
Number: 62

Course: 14.00 km
Hauptlauf

Category:
Männer M45

Total time: 1:12:29

Speed: 11.59 km/h
Running performance: 5:11 min/km

Rank in course/Total: 81 (of 252)

Rank in course/Men: 79 (of 198)

Best time in course: 52:16

Rank in category: 23(of 50)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	43:00	5:10	23	8:10	81	12:14	8.30	43:00	5:10	48		79	12:14
Finish	5.70	29:29	5:10	24	5:20	76	7:59	14.00	1:12:29	5:10	23	13:19	79	20:13