



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Pawlik, Gerd

Club: LTV Erfurt  
Number: 34

Course: 14.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 1:14:24

Speed: 11.29 km/h  
Running performance: 5:19 min/km

Rank in course/Total: 94 (of 252)

Rank in course/Men: 91 (of 198)

Best time in course: 52:16

Rank in category: 26(of 50)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total |         | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Total ranking |               |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-----------------|-------------|----------------|---------------|---------------|
|         |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | km    | Time    |                 |             |                | Pos<br>Men    | Behind<br>Men |
| Posten  | 8.30        | 44:13         | 5:19            | 25          | 9:23           | 92          | 13:27         | 8.30  | 44:13   | 5:19            | 2           |                | 91            | 13:27         |
| Finish  | 5.70        | 30:11         | 5:17            | 27          | 6:02           | 90          | 8:41          | 14.00 | 1:14:24 | 5:18            | 26          | 15:14          | 91            | 22:08         |