



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

**Gruner, Birgit**

Club: TSV Germania 1887 e. V. Neustadt (Orla)  
Number: 167

Course: 14.00 km  
Hauptlauf

Category:  
Frauen W55

Total time: 1:16:04

Speed: 11.04 km/h  
Running performance: 5:26 min/km

Rank in course/Total: 104 (of 252)

Rank in course/Women: 5 (of 54)

Best time in course: 1:06:53

Rank in category: 1(of 6)

Best time in the category: 1:16:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Posten	8.30	44:25	5:21	1	-	5	4:55	8.30	44:25	5:21	1	-	32	
Finish	5.70	31:39	5:33	1	-	7	4:16	14.00	1:16:04	5:25	1	-	5	9:11