



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Föt, Achim

Club: LTV Erfurt II  
Number: 173

Course: 14.00 km  
Hauptlauf

Category:  
Männer M60

Total time: 1:17:06

Speed: 10.89 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 109 (of 252)

Rank in course/Men: 103 (of 198)

Best time in course: 52:16

Rank in category: 4(of 5)

Best time in the category: 1:08:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	45:23	5:28	5	5:17	106	14:37	8.30	45:23	5:28	4	4:55	103	14:37
Finish	5.70	31:43	5:33	4	3:16	107	10:13	14.00	1:17:06	5:30	4	8:11	104	24:50