



10. Kirschlauf
Kleinfahrer / 13.06.2010

Detailed evaluation

Esche, Sonja

Club: LSV Lok Arnstadt
Number: 162

Course: 14.00 km
Hauptlauf

Category:
Frauen W45

Total time: 1:18:44

Speed: 10.67 km/h
Running performance: 5:37 min/km

Rank in course/Total: 119 (of 252)

Rank in course/Women: 8 (of 54)

Best time in course: 1:06:53

Rank in category: 3(of 12)

Best time in the category: 1:12:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Posten	8.30	47:12	5:41	3	5:12	9	7:42	8.30	47:12	5:41	3	5:12	35		
Finish	5.70	31:32	5:31	3	1:03	6	4:09	14.00	1:18:44	5:37	3	6:15	8	11:51	