



10. Kirschlauf
Kleinfahrer / 13.06.2010

Detailed evaluation

Fritzlar, Heike

Club: USV Erfurt
Number: 88

Course: 14.00 km
Hauptlauf

Category:
Frauen W40

Total time: 1:19:01

Speed: 10.63 km/h
Running performance: 5:38 min/km

Rank in course/Total: 122 (of 252)

Rank in course/Women: 9 (of 54)

Best time in course: 1:06:53

Rank in category: 2(of 11)

Best time in the category: 1:06:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Posten	8.30	46:11	5:33	2	6:41	8	6:41	8.30	46:11	5:33	2	6:41	36
Finish	5.70	32:50	5:45	3	5:27	10	5:27	14.00	1:19:01	5:38	2	12:08	9 12:08