



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Höpfner, Ralf

Club: Gotha  
Number: 38

Course: 14.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 1:19:25

Speed: 10.58 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 127 (of 252)

Rank in course/Men: 118 (of 198)

Best time in course: 52:16

Rank in category: 32(of 50)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total |         | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Total ranking |               |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-----------------|-------------|----------------|---------------|---------------|
|         |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | km    | Time    |                 |             |                | Pos<br>Men    | Behind<br>Men |
| Posten  | 8.30        | 47:42         | 5:44            | 35          | 12:52          | 127         | 16:56         | 8.30  | 47:42   | 5:44            | 8           |                | 118           | 16:56         |
| Finish  | 5.70        | 31:43         | 5:33            | 30          | 7:34           | 107         | 10:13         | 14.00 | 1:19:25 | 5:40            | 33          | 20:15          | 119           | 27:09         |