



10. Kirschlauf
Kleinfahrer / 13.06.2010

Detailed evaluation

Ziezold, Nadine

Club: SV Ernstroda
Number: 269

Course: 14.00 km
Hauptlauf

Category:
Frauen W20

Total time: 1:22:17

Speed: 10.21 km/h
Running performance: 5:53 min/km

Rank in course/Total: 154 (of 252)

Rank in course/Women: 14 (of 54)

Best time in course: 1:06:53

Rank in category: 3(of 4)

Best time in the category: 1:13:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Posten	8.30	47:28	5:43	2	4:10	10	7:58	8.30	47:28	5:43	3	4:10	41
Finish	5.70	34:49	6:06	3	5:02	16	7:26	14.00	1:22:17	5:52	3	9:12	14 15:24