



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Illhardt, Uwe

Club: ZF-Freizeitläufer  
Number: 25

Course: 14.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 1:24:24

Speed: 9.95 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 161 (of 252)

Rank in course/Men: 147 (of 198)

Best time in course: 52:16

Rank in category: 42(of 50)

Best time in the category: 59:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	50:26	6:04	45	15:36	151	19:40	8.30	50:26	6:04	18	2:24	147	19:40
Finish	5.70	33:58	5:57	39	9:49	141	12:28	14.00	1:24:24	6:01	43	25:14	147	32:08