



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Seifert, Gerd

Club: Saalfelder LV  
Number: 152

Course: 14.00 km  
Hauptlauf

Category:  
Männer M70

Total time: 1:27:45

Speed: 9.57 km/h  
Running performance: 6:16 min/km

Rank in course/Total: 179 (of 252)

Rank in course/Men: 158 (of 198)

Best time in course: 52:16

Rank in category: 3(of 6)

Best time in the category: 1:09:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	52:21	6:18	3	12:15	163	21:35	8.30	52:21	6:18	3	12:15	158	21:35
Finish	5.70	35:24	6:12	3	5:51	152	13:54	14.00	1:27:45	6:16	3	18:06	159	35:29