



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Flock, Antje

Club: Gebesee  
Number: 120

Course: 14.00 km  
Hauptlauf

Category:  
Frauen W40

Total time: 1:27:53

Speed: 9.56 km/h  
Running performance: 6:17 min/km

Rank in course/Total: 180 (of 252)

Rank in course/Women: 22 (of 54)

Best time in course: 1:06:53

Rank in category: 6(of 11)

Best time in the category: 1:06:53

Intermediate times

Stage score

Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Stage score |                |              |                 | Total ranking |               |                 |             |                |              |
|---------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|
|         |             |               |                 | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women |
| Posten  | 8.30        | 51:43         | 6:13            | 6           | 12:13          | 25           | 12:13           | 8.30          | 51:43         | 6:13            | 6           | 12:13          | 49           |
| Finish  | 5.70        | 36:10         | 6:20            | 6           | 8:47           | 23           | 8:47            | 14.00         | 1:27:53       | 6:16            | 6           | 21:00          | 22 21:00     |