



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Ksionek, Carmen

Club: keiner  
Number: 23

Course: 14.00 km  
Hauptlauf

Category:  
Frauen W45

Total time: 1:27:59

Speed: 9.55 km/h  
Running performance: 6:17 min/km

Rank in course/Total: 181 (of 252)

Rank in course/Women: 23 (of 54)

Best time in course: 1:06:53

Rank in category: 7(of 12)

Best time in the category: 1:12:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Posten	8.30	51:50	6:14	8	9:50	26	12:20	8.30	51:50	6:14	7	9:50	50	
Finish	5.70	36:09	6:20	7	5:40	22	8:46	14.00	1:27:59	6:17	7	15:30	23	21:06