



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Flock, Thomas

Club: Gebesee  
Number: 100

Course: 14.00 km  
Hauptlauf

Category:  
Männer M40

Total time: 1:30:09

Speed: 9.32 km/h  
Running performance: 6:26 min/km

Rank in course/Total: 190 (of 252)

Rank in course/Men: 163 (of 198)

Best time in course: 52:16

Rank in category: 25(of 31)

Best time in the category: 1:01:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	51:47	6:14	24	15:28	157	21:01	8.30	51:47	6:14	8	10:06	163	21:01
Finish	5.70	38:22	6:43	27	13:15	170	16:52	14.00	1:30:09	6:26	25	28:43	164	37:53