



10. Kirschlauf
Kleinfahrer / 13.06.2010

Detailed evaluation

Pabel, Thomas

Club: SWE Laufteam
Number: 229

Course: 14.00 km
Hauptlauf

Category:
Männer M40

Total time: 1:30:33

Speed: 9.28 km/h
Running performance: 6:28 min/km

Rank in course/Total: 193 (of 252)

Rank in course/Men: 165 (of 198)

Best time in course: 52:16

Rank in category: 26(of 31)

Best time in the category: 1:01:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	52:45	6:21	26	16:26	166	21:59	8.30	52:45	6:21	7	11:04	165	21:59
Finish	5.70	37:48	6:37	24	12:41	165	16:18	14.00	1:30:33	6:28	26	29:07	166	38:17