



10. Kirschlauf
Kleinfahrer / 13.06.2010

Detailed evaluation

Zscharnt, Holger

Club: SWE Laufteam
Number: 102

Course: 14.00 km
Hauptlauf

Category:
Männer M40

Total time: 1:36:14

Speed: 8.73 km/h
Running performance: 6:52 min/km

Rank in course/Total: 223 (of 252)

Rank in course/Men: 183 (of 198)

Best time in course: 52:16

Rank in category: 29(of 31)

Best time in the category: 1:01:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	56:56	6:51	31	20:37	187	26:10	8.30	56:56	6:51	4	15:15	183	26:10
Finish	5.70	39:18	6:53	28	14:11	175	17:48	14.00	1:36:14	6:52	29	34:48	184	43:58