



10. Kirschlauf  
Kleinfahrer / 13.06.2010

Detailed evaluation

Ecklebe, Frank

Club: Running Team Köstritzer  
Number: 77

Course: 14.00 km  
Hauptlauf

Category:  
Männer M40

Total time: 1:37:50

Speed: 8.59 km/h  
Running performance: 6:59 min/km

Rank in course/Total: 230 (of 252)

Rank in course/Men: 187 (of 198)

Best time in course: 52:16

Rank in category: 30(of 31)

Best time in the category: 1:01:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	56:33	6:48	29	20:14	183	25:47	8.30	56:33	6:48	2	14:52	187	25:47
Finish	5.70	41:17	7:14	30	16:10	185	19:47	14.00	1:37:50	6:59	30	36:24	188	45:34